

Stimulants:

A two day course focusing on illicit stimulant drugs, appropriate treatment and ways of working with this client group

Agenda

Stimulants Day One	Stimulants Day Two
9.15am Coffee 9.30am Start <ul style="list-style-type: none"> Different types of stimulants Routes of using 	9.15am Coffee 9.30am Start <ul style="list-style-type: none"> Attracting users to services Assessment and referral Patterns of use
11.15am – 11.30am Coffee <ul style="list-style-type: none"> How the drugs work 	11.15am – 11.30am Coffee <ul style="list-style-type: none"> Stages of recovery
12.45pm – 1.30pm Lunch <ul style="list-style-type: none"> Health information 	12.45pm – 1.30pm Lunch <ul style="list-style-type: none"> Detailed working methods
2.45pm – 3.00pm Coffee <ul style="list-style-type: none"> Harm reduction Alternative therapies Basic introduction to working methods 	2.45pm – 3.00pm Coffee <ul style="list-style-type: none"> Working with lapses After care/further support Appropriate service development
4.30pm Finish	4.30pm Finish

Aims and Objectives of the Course

- Increase knowledge and awareness of the issues relating to stimulant use.
- Increase knowledge of how stimulants are used and the effects upon individual's physiology and neurology.
- Understand the possible affects on health.
- Understand how specific interventions at relevant stages can increase engagement and retention.
- To increase confidence in working with this client group.
- To increase competence in working with this client group.

National Occupational Standards: Units covered and supported

Day One

AA1	Recognise indications of substance misuse* and refer individuals to specialists
HSC233	Relate to, and interact with, individuals
HSC3111	Promote the equality, diversity, rights and responsibilities of individuals
AB2	Support individuals who are substance users*
HSC33	Develop your own knowledge and practice
AD1	Raise awareness about substances*, their use and effects

Day Two

AB5	Assess and act upon immediate risk of danger to substance users*
AD1	Raise awareness about substances*, their use and effects
AG1	Develop, implement and review care plans for individuals
AG2	Contribute to care planning and review
HSC347	Help individuals to access employment
AK3	Enable individuals to access housing and accommodation