

## MDMA / Ecstasy:

A one day knowledge based course focusing on MDMA.

### Agenda

MDMA / Ecstasy
9.15am Coffee
9.30am Start <ul style="list-style-type: none"> <li>• Intro: History</li> <li>• Different types of Recreational Drugs</li> <li>• Combinations</li> <li>• Routes of using</li> </ul>
11.15am – 11.30am Coffee
<ul style="list-style-type: none"> <li>• How MDMA works</li> </ul>
12.45pm – 1.30pm Lunch
<ul style="list-style-type: none"> <li>• Health information</li> </ul>
2.45pm – 3.00pm Coffee
<ul style="list-style-type: none"> <li>• Harm reduction</li> <li>• Treatment</li> <li>• Feedback</li> </ul>
4.30pm Finish

### Aims and Objectives of the Course

- Increase knowledge and awareness of the issues relating to MDMA
- Increase knowledge of how MDMA is used and the effects upon individual's physiology and neurology.
- Understand the possible affects on health.
- To increase confidence in working with this client group.

### National Occupational Standards: Units covered and supported

AA1	Recognise indications of substance misuse* and refer individuals to specialists
HSC233	Relate to, and interact with, individuals
HSC3111	Promote the equality, diversity, rights and responsibilities of individuals
AB2	Support individuals who are substance users*
HSC33	Develop your own knowledge and practice
AD1	Raise awareness about substances*, their use and effects